**Tips for SLPs to increase client and family collaboration with homework assignments designed to support school-age and adolescent stuttering management**

- **Pay attention to clients’ and their families’ schedule**
- **Learn about the client’s comfort level and competence in using their strategy**
- **Practice activities in the sessions before using them as homework assignments**
- **Use simple self-evaluating reports such as,**

<table>
<thead>
<tr>
<th>Day Completed:</th>
<th>Were you successful in using your strategy?</th>
<th>Comments (e.g. How did it go? How did you feel? etc.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday (example)</td>
<td></td>
<td>I feel like I was able to use it without difficulty although I stuttered a little. I am feeling more confident using my strategy at home.</td>
</tr>
</tbody>
</table>

- **Enter the day here...**

**Tips for soliciting the client’s perspective on homework**

- **Ask the client** (they are the experts)- remember to adjust the complexity to the client’s level
- **Spend time in the sessions discussing the assignments** (it is never a waste of time)
- **Learn about their personal goals and interests**
- **Provide them with examples of meaningful activities**
- **Ask them for feedback and comments**

**Tips for involving parents in the process of establishing homework assignments**

- **Educate them** on the process and reasoning behind a specific assignment
- **Incorporate their personal aspirations into the assignments**
- **Send them reports regularly** (once a week is good)
- **Ask for their feedback and comments**

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**Notes:**

- For simplicity, success is rated as follows:
  - **100%**
  - **50%**
  - **0%**

Use these symbols to grade their success:

- **Green checkmark:** 100% Success
- **Yellow checkmark:** 50% Success
- **Red checkmark:** 0% Success
Examples of homework assignments used in this study

1. Explaining a meme/telling a joke to parents while using a fluency strategy

2. Summarizing a comic book/video game to parents while practicing strategy

3. Making 5-10 sentences about the pictures in a client-selected magazine, book, or other material while showing them to parents and practicing the strategy

4. Practicing using a strategy while having a short conversation with a family member

5. Brainstorming with the client about reminders to use his strategy in new settings/with new people according to his choosing (ex: with a friend at school)

6. Finding two pictures in client-selected magazine, book, or other material that show your best and worst day with stuttering

7. Writing a letter to mom about stuttering

8. Checking out the Stuttering Foundation Website’s “25 things I wish I had known about stuttering when I was 20” website and share their favorite items with parents

9. Thinking of three ways that talking brings the client/others joy